

Champions for Rare Disease by helping raise awareness & research dollars to provide resources for children and families in Alabama & beyond.





Blankets & Booties

What & Who – Blankets & Booties donated to Children's Hospital of Alabama.
When - Will be given two times a year. Around the holiday season & the summer.

Blankets <u>cannot</u> be knitted due to various medical risks. Blankets can be made from outing flannel with any patterns that are positive. We recommend Snuggle Flannel prints for kids.

Recommended sizes: **This is based on 42" wide material. Newborn-3 years is 3/4 yard (cutting down to 26"x 28"), ages 4-8 is 1 yard, and 8 years and up is 1 and 1/2 yards. These blankets will need to be hemmed on all sides or hem stitched by hand.

Recognition will be provided to the group or organization that contributed in the making of the Blankets & Booties.

Booties can be knitted or crocheted. Various sizes can be made for newborn to ages 8-12. Anyone that knows how to knit or crochet can participate in providing booties. We suggest using Bernat Baby Yarn for the smaller booties & the Red Heart Yarn for the older children. For a video tutorial, search online for "knitted baby booties tutorial".

Can't knit or sew? Purchase yarn for the booties & outing flannel for the blankets. You can donate to the Austin 1st Foundation and designate that your monetary gift be used for this project. Gift cards to JoAnn's Fabrics or Hobby Lobby will also be accepted.